

# evoke

## WELLNESS CENTRE

208A 33123 1st Ave, Mission, BC, V2V 1G5

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

Preferred First Name: \_\_\_\_\_

Name of parent or guardian: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: M \_\_\_ F \_\_\_

Full Address: \_\_\_\_\_

\_\_\_\_\_

Phone: home: \_\_\_\_\_

mobile: \_\_\_\_\_

work: \_\_\_\_\_

Preferred contact number for reminder/follow up calls: home \_\_\_ mobile \_\_\_ work \_\_\_

**Emergency contact name:** \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Name of Medical Doctor:** \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of last visit: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Were you referred by someone? If yes, whom? \_\_\_\_\_

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Name: \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**Please list your child's health concerns in order of importance**

- 1.
- 2.
- 3.

**Please list all prescription medications currently taken *including dose, frequency, and duration of use***

- 1.
- 2.
- 3.

**Please list all over the counter medications your child is taking (ie. aspirin, tylenol, etc)**

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**Please list all supplements and herbal remedies your child is currently taking *including dose and frequency***

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**MEDICAL HISTORY:**

Does your child have any allergies? (medications, foods, environmental)

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Approximately how many times has your child been treated with antibiotics?

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Please list any serious illnesses, hospitalizations or surgeries (including circumcision), along with approximate dates

Which of the following has your child had?

- |                                      |                                         |                                         |
|--------------------------------------|-----------------------------------------|-----------------------------------------|
| <input type="checkbox"/> Rubella     | <input type="checkbox"/> Roseola        | <input type="checkbox"/> Impetigo       |
| <input type="checkbox"/> Measles     | <input type="checkbox"/> Scarlet Fever  | <input type="checkbox"/> Mononucleosis  |
| <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Ear infections |
| <input type="checkbox"/> Mumps       | <input type="checkbox"/> Strep throat   |                                         |

Please indicate any immunizations your child has had and the date of immunization (if you prefer, you may submit a copy of the immunization record):

- |                                            |                               |
|--------------------------------------------|-------------------------------|
| _____ DPT (diphtheria, pertussis, tetanus) | _____ Haemophilus influenza B |
| _____ Tetanus booster                      | _____ Polio                   |
| _____ MMR (measles mumps, rubella)         | _____ Flu                     |
| _____ Hepatitis B                          | _____ Chicken Pox             |
| _____ Hepatitis C                          | _____ Other (please specify)  |

Please indicate if any of the above immunizations caused adverse reactions (this may include fever, rash, change in development, etc):

Please list significant health concerns of family members (including siblings, parents, aunts, uncles, and grandparents)

Is there anyone with a significant or chronic disease not mentioned above who is related or is non-related that lives in the home?  YES  NO

Was your child adopted?  YES  NO

If your child was adopted please complete as much information as you can concerning prenatal and birth information.

**PRENATAL INFORMATION:**

Age of mother at conception: \_\_\_\_\_ Occupation at time of conception: \_\_\_\_\_

Age of father at conception: \_\_\_\_\_ Occupation at time of conception: \_\_\_\_\_

Was the pregnancy planned?  YES  NO

Were any fertility treatments undertaken?  YES  NO

Was this the first pregnancy for the mother?  YES  NO

How many pregnancies did the mother experience prior? \_\_\_\_\_

How many times did the mother give birth prior? \_\_\_\_\_

Did the mother smoke during the pregnancy?  YES  NO

During which trimesters and how often? \_\_\_\_\_

Did the mother consume alcohol during the pregnancy?  YES  NO

During which trimesters and how often? \_\_\_\_\_

Did the mother participate in any drug use during the pregnancy?  YES  NO

Please specify \_\_\_\_\_

During which trimesters and how often? \_\_\_\_\_

**BIRTH INFORMATION:**

Were any interventions performed during the birth?  YES  NO

If yes, please check all that apply:

- Episiotomy
- Forceps
- Other (please specify) \_\_\_\_\_
- Vacuum extraction
- Caesarean section

Were there any concerns or complications during the birth?  YES  NO

If yes, please check all that apply:

- Prolapse of umbilical cord
- Breech presentation
- Other malpresentation (please specify) \_\_\_\_\_
- Uterine rupture
- Shoulder dystocia

**FEEDING HISTORY:**

Was your child breastfed?  YES  NO

Was your child nursed directly from the breast and/or from a bottle? \_\_\_\_\_

For how long? \_\_\_\_\_

Where there any difficulties breastfeeding? \_\_\_\_\_

Was your child formula fed?  YES  NO

For how long? \_\_\_\_\_

What formula was used? \_\_\_\_\_

Where there any difficulties with formula feeding? \_\_\_\_\_

When was food first introduced? \_\_\_\_\_

Were there any reactions? (constipation, diarrhea, skin rashes, etc) \_\_\_\_\_

Please list any foods your child craves: \_\_\_\_\_

Please list any foods your child refuses to eat: \_\_\_\_\_

Does your child have any dietary restrictions we should know about? (ie. vegetarian, vegan, religious, lactose intolerance, celiac disease, etc.)

**Please describe your child's typical daily diet:**

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

Snacks: \_\_\_\_\_

Beverages: \_\_\_\_\_

**FAMILY LIFE:**

Who does the child live with? \_\_\_\_\_

On a scale of 1-10, what is the stress level within the home? \_\_\_\_\_

Please describe a typical family day: \_\_\_\_\_  
\_\_\_\_\_

Does your child exercise? If so, please indicate type and frequency.  
\_\_\_\_\_  
\_\_\_\_\_

**SOCIAL HISTORY:**

What grade is your child in (answer only if applicable): \_\_\_\_\_

How is your child educated?

Home School  School  Boarding school

Child is not yet old enough to attend school

Does your child attend daycare?  YES  NO

**SLEEP HISTORY:**

Where in the home does your child sleep?

shares bed with sibling  shares bedroom with sibling  
 shares bed with parents  in own crib/bed in parents room  
 in own bedroom

What time does your child go to bed? \_\_\_\_\_

What time does your child wake up? \_\_\_\_\_

Does your child have any difficulty falling asleep?  YES  NO

If yes please describe \_\_\_\_\_

How many times does your child wake in the night? \_\_\_\_\_

**ENVIRONMENT:**

When is the last time the family moved? \_\_\_\_\_

Has your home undergone any renovations while you have lived there? When? \_\_\_\_\_

Does anyone smoke cigarettes or marijuana in the home?  YES  NO

Are there pets in the home? Please specify. \_\_\_\_\_

What percentage of your home is carpeted? \_\_\_\_\_

What type of water is drank in the home:

Tap  Bottled  Filtered  Reverse Osmosis  Other (please specify) \_\_\_\_\_

What type of cleaning products are used in the home (please check all that apply, indicating the % used):

Conventional cleaning products (Lysol, Fantastic, Mr. Clean, etc.)

Home made cleaning products (vinegar, baking soda, lemon juice, etc.)

Environmentally friendly cleaning products

What type of laundry detergent is used? \_\_\_\_\_

Does the home have an air filter?  YES  NO

**REVIEW OF SYSTEMS:**

Has your child lost any weight? (please specify amount) \_\_\_\_\_

Frequency of colds \_\_\_\_\_

Frequency of headaches \_\_\_\_\_

Frequency of dizziness \_\_\_\_\_

Does your child wear corrective lenses or contacts? Y N

Frequency of nosebleeds \_\_\_\_\_

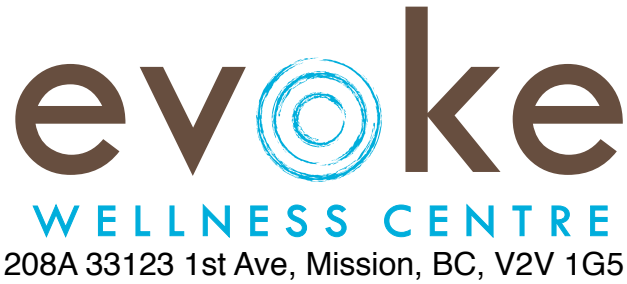
Number of dental cavities \_\_\_\_\_

Urinary frequency \_\_\_\_\_

Dry skin? \_\_\_\_\_

Any aches or pains? \_\_\_\_\_

Changes in appetite or thirst? \_\_\_\_\_



**Thank you for completing our intake form. This is a confidential medical record and will be kept in the office. We will not release this information to any third party unless you have authorized us to do so.**

**Informed Consent**

Printed name \_\_\_\_\_

As a patient of this clinic I have read the information and understand that the form of medical care is based on naturopathic and other supportive principles and practices. I recognize that even the gentlest therapies potentially have their complications in certain physiological conditions or in very young children or those on multiple medications and hence the information provided is complete and inclusive of all health concerns including the possibility of pregnancy; and all medications, including over the counter drugs and supplements. The slight health risks of some naturopathic treatments include, but are not limited to: aggravation of pre-existing symptoms, allergic reaction to supplements or herbs; pain, fainting, bruising, or injury from venipuncture or acupuncture, and muscle strains and sprains.

I also confirm that I have the ability to accept or reject this care of my own free will and choice and that I am not an agent of any private, local, county, provincial or federal agency attempting to gather information without so stating. I accept full responsibility for any fees incurred during care and treatment.

\_\_\_\_\_  
Signature of parent or guardian if under age 18

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of guardian if under age 18

\_\_\_\_\_  
Witness